



FIND YOUR PASSION FIND YOUR Y



RESERVE
YOUR SPOT
TODAY



2026 Spring/Summer Program Guide



LOCATIONS



BILL BARTLEY FAMILY YMCA

5001 Bartley Drive
Wichita Falls, TX 76302
(940) 761-1000

MONDAY – FRIDAY

5:00am – 10:00pm

SATURDAY

8:00am – 6:00pm

SUNDAY

1:00pm – 6:00pm



DOWNTOWN YMCA

1010 9th Street
Wichita Falls, TX 76301
(940) 322-7816

MONDAY – FRIDAY

5:00am – 9:00pm

SATURDAY

8:00am – 5:00pm

SUNDAY

CLOSED



DILLARD EARLY LEARNING & YOUTH ACADEMY

5001 Bartley Drive
Wichita Falls, TX 76302
(940) 855-2301

MONDAY – FRIDAY

7:00am – 5:30pm

SATURDAY & SUNDAY

CLOSED



YMCA EARLY LEARNING ACADEMY AT COLONIAL

4300 Maplewood Ave.
Wichita Falls, TX 76308
(940) 855-2301

MONDAY – FRIDAY

7:00am – 5:30pm

SATURDAY & SUNDAY

CLOSED



ISAIAH 40:31 & Fain SPORTS COMPLEX

5001 Bartley Drive
Wichita Falls, TX 76302
(940) 761-1000

**Hours based on
programming needs**



STEPHENS FAMILY GYMNASTICS CENTER

5001 Bartley Drive
Wichita Falls, TX 76302
(940) 285-6371

**Hours based on
programming needs**

WHY CHOOSE THE Y?

FRIENDSHIP, ACCOMPLISHMENT, AND BELONGING

SOMETHING NEW EVERY DAY

At the Y, we exist to strengthen community. Together with people like you, we nurture the potential of kids, help people understand and improve their health, and provide opportunities to give back and support our neighbors. So join our cause and create meaningful change not just for you, but also for your community. To discover everything the YMCA Wichita Falls has to offer, visit your local branch today. At the Y, Membership means more.

The Y is a nonprofit organization committed to each stage of life. Commit yourself to a healthier lifestyle with a membership that includes the following: Fitness centers including the latest exercise equipment, free weights, resistance training and more.

FINANCIAL ASSISTANCE

The Y is committed to providing quality programs to all children and families regardless of their financial circumstances and strives not to turn anyone away due to an inability to pay. We offer financial assistance through our Annual Campaign financial assistance program. Applications are available at any Member Services desk and at ymcawf.org.



ALL PROGRAMS FOCUS ON THE Y'S CORE VALUES

- » Caring
- » Responsibility
- » Honesty
- » Faith
- » Respect

YMCA SUMMER DAY CAMP

5001 Bartley Drive | 940-855-2301

SUMMER DAY CAMP

FOR AGES 5-12. New experiences, skill building, a sense of community and lasting friendships are all part of Traditional Camp. Weekly-themed activities allow campers to create arts and crafts, explore science and technology, swim, appreciate nature, and better understand our many cultures. Campers will build self-confidence, appreciate teamwork and sportsmanship while gaining independence as they nurture their spirits, challenge their minds and strengthen their bodies. Kids can explore diverse interests and have fun along the way!

COST PER WEEK: Members \$130, Non-Members \$180

HOURS: 7:00 am – 5:30 pm

	WEEKLY SESSIONS	WEEKLY THEMES
1	JUNE 1-5	ALL ABOUT ME
2	JUNE 8-12	OUT OF THIS WORLD
3	JUNE 15-19	COLOR WARS
4	JUNE 22-26	CSI
5	JUNE 29 - July 3	RED, Y, & BLUE
6	JULY 6-10	AROUND THE WORLD
7	JULY 13-17	LEADERSHIP & COMMUNITY
8	JULY 20-24	SHARK WEEK
9	JULY 27-31	IN CHARACTER
10	AUGUST 3-7	HOGWARTS



DILLARD EARLY LEARNING & YOUTH ACADEMY

5001 Bartley Drive | 940-855-2301

YMCA EARLY CHILDHOOD EDUCATION PROGRAM

Through our Preschool programs, children will be introduced to the important skills of building character values, self-esteem, and improving kindergarten readiness.

National Institute for Early Education Research (NIEER) Director W. Steven Barnett, PhD. emphasizes the importance of high quality preschool care. "Children who attend high-quality preschool enter kindergarten with better reading skills, richer vocabularies, and stronger math skills than those who do not," he says.

The YMCA Preschool program focuses on all areas of development for children of preschool age. These areas include fine and gross motor skills, physical activities, arts and crafts, science, math and counting, letters and much more.

Because childhood development is so essential to the Y's core values, it is our top priority to provide children with the necessary skills and appropriate environment in which they are encouraged to be creative, independent and responsible.

SCHOOL YEAR

AGES:

6 weeks to 5 years old

HOW TO REGISTER:

At the front desk of the Dillard Early Learning & Youth Academy
Email: croy@ymcawf.org to schedule an on-site tour!

HOURS OF OPERATION:

(M-F) 7:00 am – 5:30 pm



YMCA EARLY LEARNING ACADEMY AT COLONIAL

4300 Maplewood Ave. | 940-264-9622

YMCA EARLY CHILDHOOD EDUCATION PROGRAM

Through our Preschool programs, children will be introduced to the important skills of building character values, self-esteem, and improving kindergarten readiness.

National Institute for Early Education Research (NIEER) Director W. Steven Barnett, PhD. emphasizes the importance of high quality preschool care. "Children who attend high-quality preschool enter kindergarten with better reading skills, richer vocabularies, and stronger math skills than those who do not," he says.

The YMCA Preschool program focuses on all areas of development for children of preschool age. These areas include fine and gross motor skills, physical activities, arts and crafts, science, math and counting, letters and much more.

Because childhood development is so essential to the Y's core values, it is our top priority to provide children with the necessary skills and appropriate environment in which they are encouraged to be creative, independent and responsible.

SCHOOL YEAR

AGES:

6 weeks to 5 years old

HOW TO REGISTER:

At the front desk of the YMCA Early Learning Academy at Colonial
Email: Ftorres@ymcawf.org to schedule an on-site tour!

HOURS OF OPERATION:

(M-F) 7:00 am – 5:30 pm



AQUATICS

1010 9th Street | 940-322-7816

The YMCA Swim Lesson Curriculum is a core group of aquatic skills every person needs to be safe around water. As the foundation of our program, these skills allow students to learn and correct swim stroke techniques. Students begin with basic fundamentals and build upon to learn more. Through the process we are here to help them celebrate their successes, build self-confidence, and enjoy learning water safety and swimming.



STAGE A / WATER DISCOVERY

Students develop comfort with underwater exploration and learn to safely exit in the event of falling into a body of water in stage 1. This stage lays the foundation that allows for a student's future progress in swimming

STAGE B / WATER EXPLORATION

Students focus on body position and control, directional change, and forward movement in the water while also continuing to practice how to safely exit in the event of falling into a body of water.

STAGE 1 / WATER ACCLIMATION

Students develop comfort with underwater exploration and learn to safely exit in the event of falling into a body of water in stage 1. This stage lays the foundation that allows for a student's future progress in swimming

STAGE 2 / WATER MOVEMENT

Students focus on body position and control, directional change, and forward movement in the water while also continuing to practice how to safely exit in the event of falling into a body of water.

STAGE 3 / WATER STAMINA

Students learn how to swim to safety from a longer distance than in previous stages in the event of falling into a body of water. This stage also introduces rhythmic breathing and integrated arm and leg action.

STAGE 4 / STROKE INTRODUCTION

Develops stroke technique in front crawl and back crawl and learn the breaststroke kick and butterfly kick. Water safety is reinforced through treading water and elementary backstroke.



STEPHENS FAMILY GYMNASTICS CENTER

5001 Bartley Drive | 940-285-6371

PARENT AND TOT

This class is FUN, FUN, FUN! Not only is it a chance for your little one to start developing gymnastics skills but also for parent and child to bond in a fun and safe environment.

COST: Members \$60 Non-Members \$80 *Per Month

.....

TINY TUMBLE

This is a class for 3 and 4 year olds to start to develop their basic skills and love for gymnastics! Tiny tumblers must be potty trained and out of pull-ups.

COST: Members \$60 Non-Members \$80 *Per Month

.....

JUNIOR GYMNASTICS

This class is for 5 to 13 year olds. This is geared toward children with little to no gymnastics experience. They will develop skills on vault, bars, beam and floor to be able to progress up the ranks to Level 3.

COST: Members \$60 Non-Members \$80 *Per Month

.....

TUMBLING

This class is designed for athletes just wanting to tumble. This is a great option for cheerleaders as well! For tumblers ages 5 to 18 with any level of experience.

COST: Members \$60 Non-Members \$80 *Per Month



STEPHENS FAMILY GYMNASTICS CENTER

5001 Bartley Drive | 940-285-6371

COMPETITIVE TEAM GYMNASTICS

USAG Pre-Team

This is a gymnast first Big Step towards being on the competitive teams! Once a child has completed the Junior Gymnastic program and can successfully complete the required skills, she will be asked to join the Pre-Team. In this stage the gymnast will learn and master the basic skills required to progress in their gymnastics journey. This class is 4 1/2 hours a week with a built in TRX Workout program.

USAG Level 4 & 5

After one of the Level 3 coaches feels like a gymnast is competition ready, it will be her time to Shine and travel to competitive gymnastic meets throughout Texas. These Gymnasts learn compulsory routines on Vault, Bars, Beam and Floor. This program is 12 hours per week.

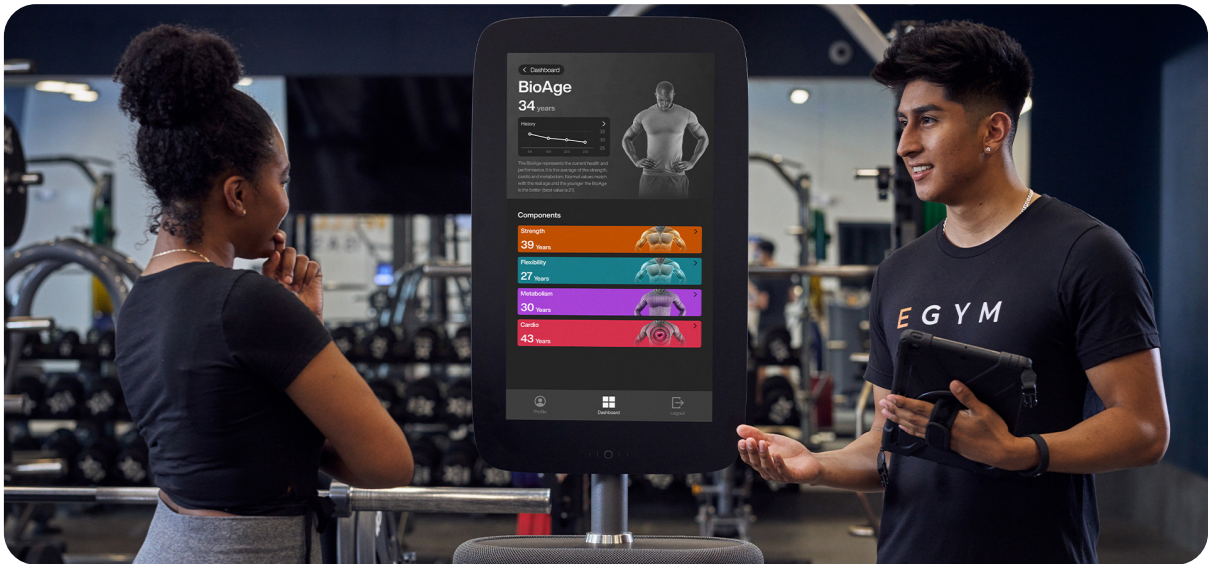
USAG Level 6 & Up

These Gymnasts learn individualized routines to show off their strength on Vault, Bars, Beam and Floor. This program is 15 hours per week with a built in TRX Program.



EGYM

5001 Bartley Drive | 940-761-1000

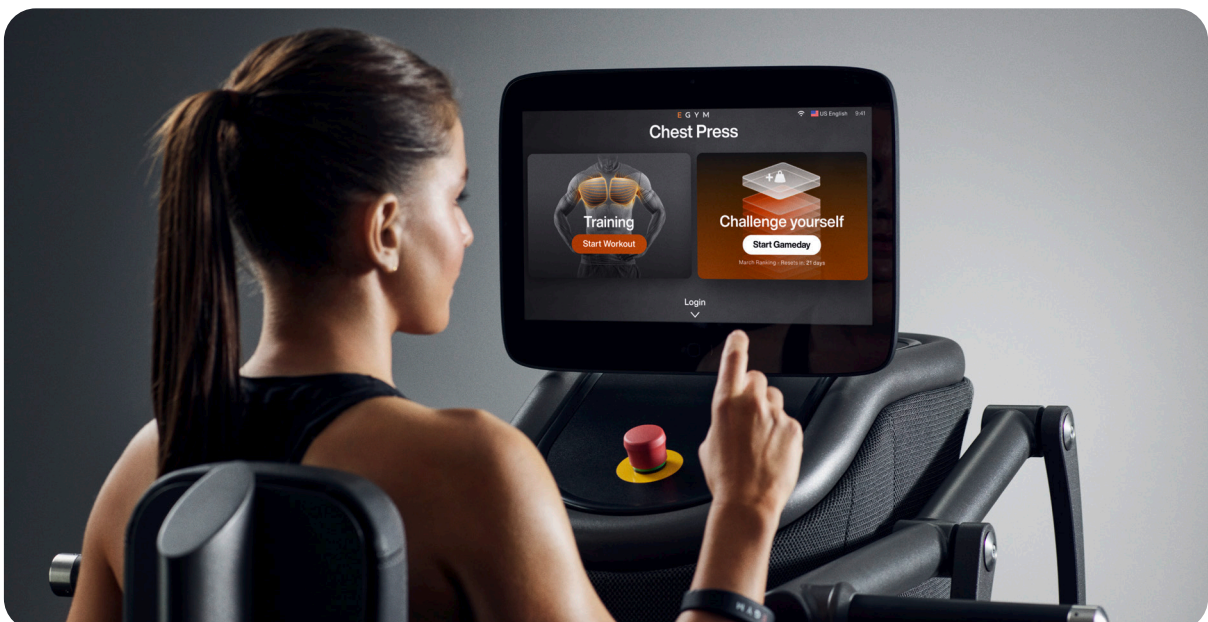


ABOUT EGYM!

EGYM is a global fitness technology leader providing fitness and health facilities with intelligent workout solutions. EGYM makes exercising smarter and more efficient with its comprehensive suite of connected gym equipment and digital products that integrate seamlessly with 3rd-party hard- and software. EGYM enables gym owners and operators to leverage a fitness technology ecosystem that delivers a fully connected workout experience for exercisers and drives measurable business and health outcomes on and off the fitness floor.

EGYM VISION

Deliver personalized workout experiences to exercisers of all experience levels by becoming the fitness technology ecosystem of choice for fitness and health facilities around the world.



UPCOMING SPORTS

5001 Bartley Drive | 940-761-1000

SUMMER VOLLEYBALL

6U-12U Volleyball with the YMCA of Wichita Falls is here to help instill Christian values and teach kids that hard work pays off.

2nd Grade-High School

Registration: March 17-May 11

Members: \$75

Non-Members: \$100

Season: June 2-August 1



YOUTH INDOOR SOCCER

U6-U12. Pass, shoot, score! YMCA Soccer helps kids become not only better soccer players but better people as well. The YMCA soccer program is a progressive program, with multiple age-specific levels. Players are taught basic game skills such as passing, receiving, shooting, footwork and dribbling.

U5-U14

Registration: March 16-May 17

Members: \$75

Non-Members: \$100

Season: June 9-August 1



FLAG FOOTBALL

The YMCA of Wichita Falls is proud to bring Flag Football to the Youth Sports program for Fall 2025. The Y Flag Football program focuses on skill development, fun, and a sense of team in a semi-competitive environment. All divisions will practice one hour per week with a game on Saturdays. If needed, make-up games or tournament games may be played during the week.

U5, U6, U8, U10, & U12

Registration: June 1-July 26

Members: \$75

Non-Members: \$100

Season: September 14 - October 25



FALL VOLLEYBALL

Volleyball with the YMCA of Wichita Falls is here to help instill Christian values and teach kids that hard work pays off.

The YMCA Youth Sports Program helps kids become not only become better players, but better people as well. It's a progressive program, with multiple age-specific levels. Every child gets to play and the games are safe, exciting and fun. We encourage fair play, positive competition, and family involvement.

2nd - 6th Grade

Registration: June 1-July 26

Members: \$75

Non-Members: \$100

Season: September 14-October 25

FITNESS AT THE YMCA

5001 Bartley Drive | 940-761-1000

PERSONAL TRAINING

Our nationally certified personal trainers are ready and eager to help you reach your personal fitness goals. They will identify areas to work on, help you set realistic goals and assist you with effective and efficient ways to reach those goals. You will attain a program that is customized for your unique fitness needs. Personal training can motivate you to maximize your workout potential and achieve your goals.

Benefits our trainers help you with:

- Establish realistic and attainable goals.
- Develop an exercise program specific to your individual needs, health status and limitations.
- Assure proper exercise technique, program design and progression to avoid common mistakes and exercise related injuries.
- Integrate variety into your exercise program to avoid boredom and training plateaus.
- Provide positive encouragement, motivation, and accountability.





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FAST FORWARD FITNESS >>>



FREE \$140 VALUE

START YOUR FITNESS JOURNEY

>>> WHAT IS FAST FORWARD FITNESS?

Fast Forward Fitness is a complementary orientation where you'll have the opportunity to connect with a Wellness Coach who will understand your goals. Our aim is to make sure you are comfortable with using equipment safely, aware of the available resources, and, most importantly, satisfied with your choice to embark on a healthier journey. The Fast Forward Fitness program includes three complimentary appointments, and regardless of your health and wellness objectives, we are committed to supporting you at every stage of your fitness journey.

FIRST APPOINTMENT

- Get to know you
- Set Up Your Wellness Plan
- Go over next steps

SECOND APPOINTMENT

- Stay on track
- Enhance your plan
- Go over next steps

THIRD APPOINTMENT

- Personalize your workout**
- Workout activation and recovery session to keep your body moving



Scan here for more information on **Fast Forward Fitness.**

LIVESTRONG[®] AT THE YMCA



LIVESTRONG[®]

FOUNDATION

LIVESTRONG UPCOMING DATES: April 7th – June 25th

LIVESTRONG is a free program designed for people who are in remission and who want to ease back into fitness. Our desire is to help you maintain a healthy spirit, mind and body. The program is designed for small groups, 6 to 8 people, who encourage each other and share similar experiences.

PROGRAM GOALS INCLUDE:

- Improve energy levels and self-esteem
- Build muscular strength and endurance
- Improve flexibility
- Improve circulation and functional ability to complete everyday tasks
- Reduce the severity of therapy side effects
- Restore balance
- Improve body image
- Reduce stress levels
- Build supportive relationships in a comfortable and safe environment



As part of the program, YMCA instructors will demonstrate sample classes including Yoga, Pilates, Sticks, Zumba, and Spin. Additionally, LIVESTRONG participants receive a free YMCA membership during the program with full access to YMCA facilities.

FITNESS CLASSES

5001 Bartley Drive | 940-761-1000

LIFT & TABATA: A creative blend of rhythmic resistance, cardio conditioning, manageable mobility, and core strength exercises all set to the beat of crazy FUN music.

PIYO: A total-body fitness system. It works your body from head to toe. PiYo combines the practices of Pilates and yoga to help you build strength, increase flexibility, and have a great time doing it using upbeat music. PiYo is a cardio workout on a yoga mat.

STICKS: Combines dance-type moves with the rhythm of the drums to make you part of the music! Have fun using large exercise balls and drumsticks to pound out the beat. Release your inner "Rockstar" during this addictive workout!

SILVER SNEAKERS: A class for moderately active older adults who exercise in some way one or two days a week. The class is designed to increase the participant's flexibility, joint stability, dynamic balance, coordination, agility, reaction-time, muscular strength, & cardiovascular endurance.

ZUMBA: A fun group dance class, Latin inspired, to sculpt your body. Shimmy, shake and sweat your way to the best shape of your life.

SPIN: Group cycling for an exciting cardio experience! Hills, sprints, intervals, and so much more all combined in a fun, calorie blasting workout!

PILATES: A class that focuses on developing strength through the core of the body- the back, abdomen and hips. This provides a foundation to continue working the rest of the body. The concentration is not only on strength but also flexibility and coordination.

HIGH FITNESS: Is old school aerobics and simplified the moves; added intense fitness based moves; and made it more fun with music of all genres and decades.

HITT CLASSES: Full body workout, various modalities used. Workouts are scalable to allow all abilities to participate.

YOGA: A class utilizing a variety of yoga styles and formats that focus on mindfulness of movement and physical function to include flexibility, balance, alignment, muscle recruitment and engagement, and breathing techniques to improve performance. This class will enhance and reinforce many of the movements necessary for proper form while performing weight-bearing exercises on the fitness floor or in other group exercise classes or simply to better perform activities of daily living.

WHOLE BODY FITNESS: A class for all ages and fitness levels that incorporates a little of everything you should include in your workout. Circuit training style for cardio and weights; floor exercises for abs, core and glutes; balance exercises and stretching at the end. Exercises are easily modified to intensify or reduce the difficulty as needed. Come see for yourself!





Y-360 FREE TO ALL MEMBERS!

ON-DEMAND VIDEO PLATFORM FOR OUR Y COMMUNITY!

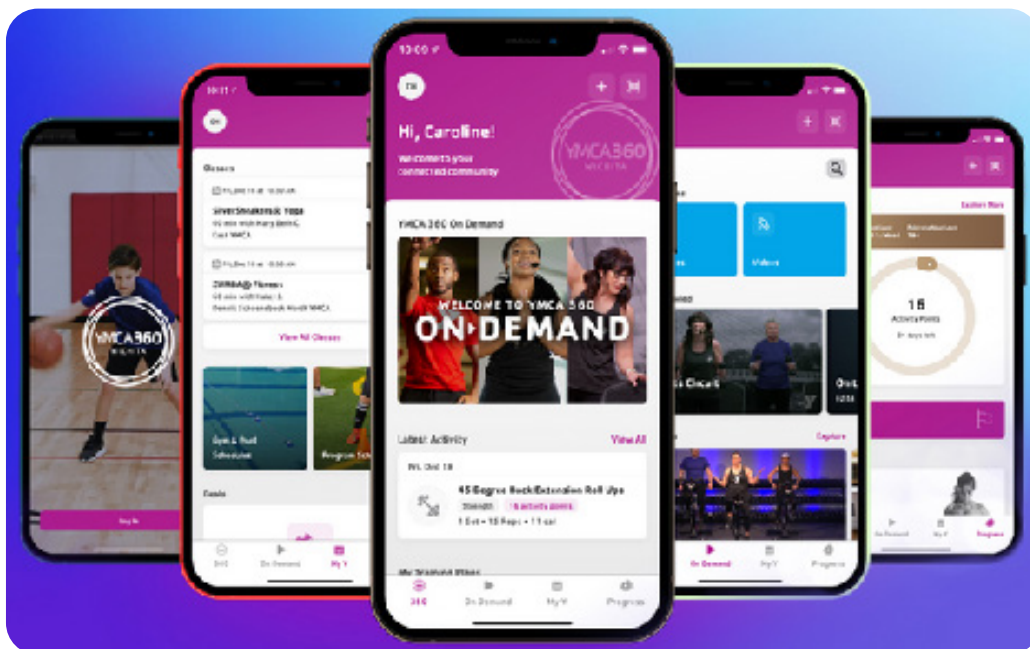
YMCA360 offers group exercise classes, youth sports training, wellbeing classes and more to serve you wherever you are. Whether you are at home or on the road, take the Y with you along with your favorite classes, instructors and more.

How do I access Y360?

From your desktop, laptop, tablet, or mobile device, click on the Login or Signup at the top of this page. YMCA360 is available wherever you are with an internet connection.

How do I login to Y360?

To login members must know their email associated with their membership. They will simply click the login button, enter their email address and zip code, and select their branch. Once they complete this step they will receive an email with a 6 digit passcode, which they will enter to gain access.



FIRST AID/CPR TRAINING

1010 9th Street | 940-322-7816

FIRST AID/CPR TRAINING

This class certification will be issued by **American Health & Safety Institute (AHSI)**. The course will certify you in Adult FA (First Aid) CPR/AED for all ages.

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants and meets OSHA/workplace requirements. **This is a blended learning course including an online portion and an instructor-led classroom skills session.** The online portion must be completed prior to attending the in-class portion. A link will be sent to your email no later than one week prior to the class and must be taken on a PC or tablet with a high-speed Internet connection. Allow approximately **4 hours to complete** the online portion. Upon successful completion of the online portion AND in-class portion you will receive a digital certificate valid for two years. In-class portion of class will take approximately 3 hours.

We have a maximum class participation of 12.

CLASS FEES ARE \$125 PER PERSON WITH A MINIMUM PARTICIPATION OF 3.

NO REFUNDS OR RESCHEDULED classes unless 7 days written notice is provided. For those qualified for a refund or reschedule a \$20 admin fee will be assessed in either case (refund or reschedule)

Private group classes are available for ASHI and American Red Cross with minimum participation, please contact Annette Penney at cpr-instructor@ymcawf.org or leave a message at 940-761-1000 for Annette Penney. American Red Cross BLS private classes are available and must be coordinated with Annette Penney.

The basic training class is intended for individuals who are not healthcare providers or professional rescuers but who desire or are required to be certified in basic emergency medical care including certification in CPR and the use of an AED. The certification period is 2 years.

DATE: March 7th

DATE: March 21st

DATE: April 11th

DATE: April 25th

DATE: May 9th

DATE: May 30th

DATE: June 13th

DATE: June 27th

TIME: 1:00pm-4:00pm

TIME: 1:00pm-4:00pm

TIME: 1:00pm-4:00pm

TIME: 1:00pm-4:00pm

TIME: 1:00pm-4:00pm

TIME: 1:00pm-4:00pm

TIME: 1:00pm-4:00pm

TIME: 1:00pm-4:00pm

LOCATION:

Downtown YMCA

1010 9th Street

Wichita Falls, TX 76301



MEMBERSHIP BENEFITS

BILL BARTLEY FAMILY YMCA

5001 Bartley Drive | 940-761-1000

DOWNTOWN YMCA

1010 9TH STREET | 940-322-7816

The Y is a cause for strengthening community. That's why we're here working with you every day, making sure that you, your family and community have the resources and support you need to learn, grow and thrive.

With a focus on developing the potential of kids, improving individual health and well-being, and giving back and supporting our neighbors, your membership will bring about meaningful change not just within yourself, but in your community too.

When you join the Y you belong to a place where:

- Parents find a safe, positive environment for children to learn good values, social skills and behaviors.
- Families come together to have fun and spend quality time with each other.
- Children and teens play, learn who they are and what they can achieve, and are accepted.
- Adults connect with friends, pursue interests and learn how to live healthier.
- Communities thrive because neighbors support each other and give back.

MEMBERSHIP PRIVILEGES INCLUDE:

- Strength & Cardio Training Equipment
- Racquetball Courts
- Indoor Pool at the Downtown YMCA
- Aerobic Classes
- Gymsnasiums
- Indoor Tracks
- Steam Room
- Hot Tub
- Dry Sauna
- Locker Rooms
- New Member Orientation
- Child Watch at both locations
- eSports at the Downtown YMCA
- Reduced Program Fees
- YMCA Nationwide Member Program (Your membership card is your passport to good health not only in Wichita Falls but also at over 900 YMCAs across the country.



A NEW WAY TO CONNECT TO THE Y!



DOWNLOAD OUR MOBILE APP!

FEATURES:

- Browse group exercise classes/schedules
- Get facility status (closings, class changes)
- Find Programs and Events
- Get Push Notifications
- Scan Your membership card

HOW TO GET OUR MOBILE APP:

- Search "YMCA of Wichita Falls" in the App Store or Google Play
- Download & open the app
- Login with your email that you used to sign up for a membership

iPhone Download



Android Download

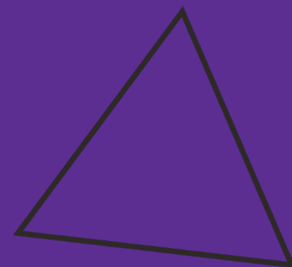


NINJA ZONE

5001 Bartley Drive | 940-761-1000

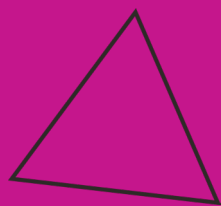


STEPHENS FAMILY GYMNASTICS CENTER



NinjaZone is a fusion of obstacle course training, gymnastics, parkour, and character-building. Each ninja class's goals include learning confidence, trying new (and sometimes hard) things, listening to the coach, and understanding respect (for self & others).

DAY: Mon, Wed, or Thur
TIME: 6:10pm-7:00pm
COST: Members \$60
Non-Members \$80
*PER MONTH



LIL NINJA STEPHENS FAMILY GYMNASTICS CENTER

Lil Ninja classes are the building blocks of athleticism in preschoolers. Classes include the development of coordination and confidence, all while having fun and learning awesome ninja moves!

DAY: Mon, Wed, or Thur
TIME: 5:10pm-6:00pm
COST: Members \$60
Non-Members \$80
*PER MONTH





175^{YEAR}
ANNIVERSARY



HEALTHY KIDS DAY[®]

Free To The Public!



APRIL 18

NATIONAL
SPONSORS



PEANUTS



10:00am-1:00pm

BILL BARTLEY FAMILY YMCA

(940) 761-1000

► YMCAWF.ORG

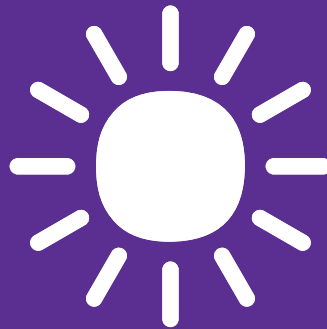
COMMUNITY FIELD DAY

SPUDDER PARK | 940-322-7816



Come join us for a fun-filled day! Don't miss out on the fun!

- Games
- Bounce Houses
- Sticks Class
- Face Painting
- Vendors
- Free Hot Dogs, Hamburgers, Snacks, & Drinks!
- Raffle Prize Giveaways



WHEN:

TIME:

LOCATION:

Saturday, June 6th

10:00am-1:00pm

SPUDDER PARK

1100 Smith Street

Wichita Falls, TX 76301

(940) 322-7816



MORE WAYS TO ENGAGE

5001 Bartley Drive | 940-285-6371

GYMNASTICS PARENTS NIGHT OUT

Parents Night Out is an opportunity for parents to have 3 hours of worry free, stress free time away from the kids. Drop them off and they will have a blast in our new gymnastics facility under the supervision of the gymnastics staff. You get the 3 hours to have a date night, relax, or anything else you choose to do without interruption. You don't have to be a member to attend.

- Must Pre-Pay
- Must Pre-Register online or call (940) 285-6371
- Must be potty Trained

ONLY 60 SPOTS AVAILABLE AT EACH PARENTS NIGHT OUT

COST: Members \$30, Non-Members: \$40

DATES: March 27th
April 26th
May 29th
June 26th
July 31st



GYMNASTICS OPEN GYMS

Parents do your kids want to try out Gymnastics? Or do they just need to burn off some energy while they are out of school?

The YMCA has you covered, take advantage of the Best Gymnastics Center in town. Your kids will be in a safe and fun environment where they can play with friends and have a blast with the YMCA Staff!!

- Must Pre-Pay
- Must Pre-Register online or call (940) 285-6371
- Must be potty Trained

ONLY 30 SPOTS AVAILABLE

COST: Members \$20, Non-Members: \$30

AGES: 3-14

DATES: March 10th
March 11th
March 12th
April 3rd
April 6th
May 21st



MORE WAYS TO ENGAGE

5001 Bartley Drive | 940-761-1000



5K & 1 Mile Fun Run THURSDAY, NOVEMBER 26th

REGISTRATION: August 1st – November 22nd

LATE REGISTRATION: November 23rd – November 26th

DOWNTOWN YMCA | 1010 9TH STREET

Get ready for a fun family run Thanksgiving morning! We will start our race at the Downtown YMCA at 1010 9th Street. All proceeds will go to support family programs at the YMCA. T-shirts FOR ALL! Donate non-perishable food and receive a special THANK YOU gift. Prizes for TOP FINISHERS! Kids FUN AREA available.

WHEN: Thursday, November 26th
TIME: 8:45am for 1 Mile, 9:30am for 5K
FEE: \$25 for 5K, \$15 for 1 Mile

- Get ready for a fun family run Thanksgiving morning! We will start our race at the Downtown YMCA at 1010 9th Street.
- All proceeds will go to support family programs at the YMCA.
- Prizes for TOP FINISHERS! Kids FUN AREA available.



CHILDWATCH

Our ChildWatch centers, comprised of Tiny Town and The Adventure Zone, are provided as a non-licensed service to provide care for and supervise your children while you are in our facility. These services are included as a part of the One Adult Family and Family membership.

BILL BARTLEY FAMILY YMCA
5001 Bartley Drive | 940-761-1000



TINY FALLS TOWN

Ages: 6 Weeks– 5 years

Monday-Friday

8:30am-1:00pm

4:00pm-8:00pm

Saturdays

8:30am-1:00pm

Sundays

1:30pm-4:30pm

ADVENTURE ZONE

Ages: 4 Years – 12 years

Monday-Friday

8:30am-1:00pm

4:00pm-8:00pm

Saturdays

8:30am-1:00pm

Sundays

3:30pm-5:30pm



DOWNTOWN YMCA
1010 9TH STREET | 940-322-7816

TINY FALLS TOWN

Ages: 6 Weeks– 6 years

Monday-Friday

8:00am-12:00pm

4:30pm-8:00pm

Saturday

9:00am-1:00pm

Sunday

Closed



YMCA SPECIALTY CAMPS

5001 Bartley Drive | 940-761-1000

MINI GYMNASTICS CAMP

For ages 4-6

August 4 - August 6

Start your child's summer off with Gymnastics! The Stephens Family Gymnastics Center will be hosting a 4 day gymnastics camp for gymnasts ages 4-6 years old. This camp will be utilizing our brand new gymnastics center as well as various areas of the Bill Bartley YMCA! This camp is great for gymnasts that already love the sport or for kiddos just getting into gymnastics. Call 940-285-6371 and reserve your spot today.

ONLY 30 SPOTS AVAILABLE

COST: Members \$145, Non-Members \$175

HOURS: 9:00am-12:00pm

GYMNASTICS DAY CAMP

For ages 7-Competitive team

AUGUST 4 - August 6

This camp is a great opportunity for gymnasts ages 7-Competitive Team, to learn new skills or to perfect skills they are already working on. This camp will have the best of the best instructors the YMCA has to offer. Each instructor for this camp is a USA Gymnastics Certified instructor and is excited to work with gymnasts of all skill levels. Your gymnast will not work in the Stephens Family Gymnastics Center but also get a chance to participate in yoga, TRX training and various aspects of the YMCA! filled program.

ONLY 30 SPOTS AVAILABLE

COST: Members \$155, Non-Members \$185

HOURS: 1:00 pm - 4:30 pm



BIRTHDAY PARTIES

BILL BARTLEY FAMILY YMCA

5001 Bartley Drive | 940-761-1000

TINY FALLS TOWN

The party includes one hour in either Tiny Town or Adventure Zone (for up to 25 kids) and 30 minutes in the Social Room for gifts and cake. It also includes 5 tables, 25 chairs, and a staff to help with set-up, watching the children, and clean up.

\$175 Members/ \$250 Non-Members

ADVENTURE ZONE/ROCKWALL

The Rock Wall party includes one hour at the Rock Wall (for up to 10 kids) and 30 minutes in the Social Room for gifts and cake. It also includes 5 tables, 25 chairs, and a staff to help with set-up, working the Rock Wall, and clean up.

\$150 Members/ \$250 Non-Members

SPORTS

The sports party includes one and a half hours in the sports area (for up to 25 kids) and a half hour for cake and gifts. It also includes seating for 25 kids and 1 staff to help set-up, watch children, and to clean up.

\$300 Members/ \$325 Non-Members

NERF

The Nerf party includes one and a half hours in the Nerf arena (for up to 25 kids) and a half hour for cake and gifts. It also includes seating for 25 kids and 1 staff to help set-up, watch children, and to clean up. You bring the Nerf guns and we provide the bullets and safety glasses.

\$350 Members/ \$375 Non-Members * \$50 Members/ \$75 Non-members deposit due at time of booking

GYMNASTICS

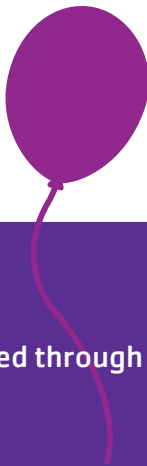
The gymnastics party includes one hour in the gymnastics area (for up to 20 kids) and a half hour for cake and gifts. It also includes seating for 20 kids and 2 staff to help set-up, watch children, and to clean up.

\$200 Members/ \$300 Non-Members

BIRTHDAY PARTIES

DOWNTOWN YMCA

1010 9TH STREET | 940-322-7816



POOL PARTY

Celebrate your little swimmer with a pool party! Pool games will be provided through the duration of the party from your party host.

\$175 Members/ \$250 Non-Members



eSports Party

Level up your child's next party at the ESPORTS Lounge! Have access to VR (Virtual Reality), PC's, and the latest consoles featuring the most popular games such as Rocket League, Fortnite, and Smash Bros!

\$250 Members/ \$300 Non-Members

BASKETBALL GYM

Rent out our Basketball Gym for your next party! Enjoy all it has to offer including Basketball, Pickleball, and more!

\$75 Members/ \$100 Non-Members



ADD-ON

Don't want the party to stop? Add an additional hour in the Memorial Hall! Spend ore time with friends and family while sharing an incredible experience!

\$75 Members/ \$100 Non-Members

FIND YOUR PASSION FIND YOUR Y



OUR MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.